
Issued 3 times a year, the Be... Newsletter
Designed to provide general information and updates with respect to
both the business and in those specialist areas relevant to delivering a
professional service.
To introduce Be... and to keep in touch.

Be...

Year 2018 Spring/Summer Edition 3.2.1

www.be-learningdevelopment.co.uk

Providing Seminars, Workshops and Interventions:

Personal Development – Management Development – Supporting & Working with Others

Dear Reader

*As always it is a pleasure to bring to you the latest Be...
Newsletter which is complimented by regular posts to
LinkedIn and the Be... Facebook Business Page.*

*I heard on the news last week that farmers were saying
crops are about four weeks behind due to the long winter
and extremes of weather. The 'Beast from the East' even
impacted on service delivery for the customers of Be... as participant health
and safety was uppermost in event rescheduling. It is great to look forward
to the summer and as always, if you would like to discuss any aspect of
service delivery or make a booking, please do not hesitate to contact me.*

Here's to warmer days to come!

Jacqueline



Business News

In April the business celebrated five years of
successful trading. Starting an original
business and building it from the very
beginning has been a rewarding
experience. It has been a pleasure to meet and to engage in
service delivery with people from across many different spheres
and walks of life. A big THANK YOU to all customers and those who
have contributed to the success of the business.



Outcomes achieved through the business can be found by going
to the Annual Business Reviews which are posted to the Be...
Website.



For Information

Did you know...

It is 20 years ago since the
notion of 'lifelong learning'
began to permeate UK
culture. This followed the
publication in 1998 of the
Government paper titled The
Learning Age which
recognized that both formal
and informal learning takes
place throughout our lives.

A Snapshot of Some Forthcoming Activity:

Seminars with Inter-related themes

- Strengthening and Sustaining Personal Resilience
- Time Management and Effective Coping Skills
- Resilience: Having Difficult Conversations and Giving Bad News
- Influencing Skills

Focus on...

'Marginal Gains'

I recently wrote a case-study for an organisation in which I discussed how I had carried out some bespoke work with a team who had been stuck in a pattern of negative behaviour. Following the intervention and by examining areas for improvement the team moved forward and took conscious and positive steps to alter their approach resulting in an effective environment for all. However, the difference could not have been made if it had not been for the action of one individual in picking up the phone and being prepared to raise issues and seek improvement. Instead of continuing in a manner which was unsatisfactory, this small change eventually resulted in a big change.

In 2010, British Cycling was failing to perform to its full potential. David Brailsford was brought in to make changes. He came with a belief that cumulative small changes which he referred to as 'marginal gains' could result in a big change. Here are some pointers for everyday life:

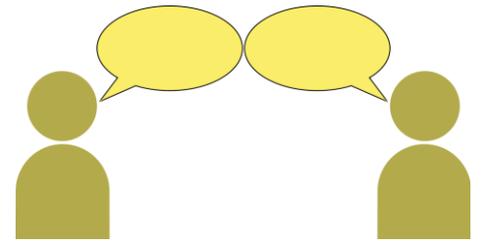
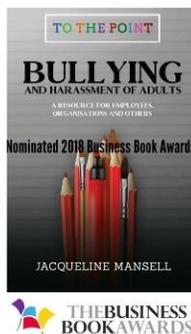
- If you want to change habits, begin by first looking for small changes rather than trying to do everything at once
- Set and monitor goals, aims and objectives
- Don't lose heart if things occasionally slip, instead deal with reality and then make continually improvements

What's new

Updated for 2018, the latest Seminar Directory can now be accessed as a PDF document via the Seminar Page of the Be... website.

Finally,

Bullying and Harassment of Adults was nominated for the Business Book Awards 2018. The awards ceremony was held in March and although the book didn't reach the final shortlist, it was a great feeling to be 'in the mix'.



Q & A

Q. Where else can you find updates, information and blogs posted by Jacqueline Mansell & Be...?

A.

- The Official Be... Website
- LinkedIn
- WordPress
- Facebook Page
- Pinterest
- Twitter

Have you seen...

The Be... website, LinkedIn and the Facebook Page* have all been refreshed with additional content to improve user experience.

***A note about the Facebook Business Page name.**

The business page is to be found under the name Jacqueline Mansell. Unfortunately, FB conventions meant that it could not accept the ... (ellipsis) as part of the Be... header.

